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| **Fresh Juices**  **Green Blast**  Kale, spinach, carrot, lime, ginger, apple 7.99  **Iron Chick**  Beet, ginger, orange, carrot, apple 8.15  **Ginger Sun**  Apple, grapefruit, ginger 6.99  **Refuel**  Cucumber, carrot, apple, ginger, lime 6.99  **Smoothies**  **Mighty Leaf**  Spinach, kale, banana, blueberry, coconut water 7.25  **Blue Chick**  Vanilla yogurt, strawberries, blueberries, chia seed, almond milk 6.99  **Banana Split**  Banana, nutella, vanilla yogurt, milk 7.25    **Strawberry Banana**  Strawberry, banana, orange juice or almond milk 5.99 |  |  | Visit our webpage at Twochickscafe.com & follow us on Facebook. |  |  | |  | | --- | | Breakfast ·Lunch ·Juice Bar | |  | | (504)407.3078  Open Tuesday - Sunday  7:00am – 3:00pm  901 Convention Center Blvd  Suite 109  New Orleans, LA 70130 | |  | |

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| **Breakfast** *(Served all day)*  *All omelets and benedicts come with choice of creamy grits, roasted potatoes or fruit. Toast is included with omelets.*  **Kickin’ Chicken Omelet**  Chicken breast, red onion, mushroom, spinach, and goat cheese topped with homemade salsa 10.99  **Farmhouse Omelet**  Turkey, smoked gouda, diced tomato, and green onion 10.25  **Under the Sea Omelet**  Crab meat, shrimp, brie, bell pepper, green onion, garnished with dill 11.99  **Build your Chicks Omelet** 5.50  ***Meat***: Andouille sausage, bacon, ham, turkey, chicken - add 1.75ea  ***Seafood***: shrimp, crabmeat - add 1.99ea  ***Cheese:*** smoked gouda, gruyere, brie, goat cheese - add 1.25ea  ***Veggie***: mushroom, red onion, green onion, spinach, bell pepper, tomato, jalapeno - add 0.50ea  *\*Egg whites upcharge 1.00*  **Traditional Benedict**  Poached eggs, hickory-smoked ham, Cajun Hollandaise on a croissant 10.75  **Crab Cake Benedict**  Poached eggs, crab cake, Cajun hollandaise on a croissant 13.50  **Veggies Benedict**  Poached eggs with sautéed mushroom, onion, bell pepper, tomato, and spinach topped with Cajun hollandaise on a croissant 10.25  *\*Cajun hollandaise contains creole mustard and hot sauce*  **Café Breakfast**  Two eggs your way, with a choice of meat, choice of roasted potatoes, fruit or creamy grits, and toast 8.50 |  |  | **Eggwich**  ***Hatchery***: fried egg, spinach, tomato, mushrooms, goat cheese on croissant 6.25  ***Belt***: bacon, fried egg, kale, tomato, mayo on corn dusted jalapeno toast 6.99  ***Barnyard:*** smoked turkey, fried egg, basil, herbed cream cheese spread on marble rye 6.99  **Buttermilk Pancakes**  Homemade pancakes topped with fresh fruit 8.50  **Papa’s French Toast**  Two thick slices of Texas toast dipped in vanilla rum batter. Rolled in corn flakes & topped with fresh fruit 8.75  **Buckwheat Savory Crepe *GF***  ***Turkey Crepe***: Egg, goat cheese, turkey, spinach, tomato, green onion 8.50  ***Seafood Crepe***: Egg, crab meat, shrimp, brie, green onion, bell pepper, spinach, garnished with dill 9.50  ***Vegetarian Crepe*:** Egg, sautéed mushroom, onion, bell pepper, tomato, spinach, and goat cheese 8.50  **Sweet Crepes**  • Nutella and banana 7.99  • Strawberry and cream 7.99  **Parfait**  Yogurt, granola, fresh fruit 6.25  **Chia Pudding *GF***  Homemade vanilla chia pudding topped with bananas, blueberries and nuts 6.25  **BBQ Shrimp and Grits**  Spicy dark roux over creamy grits with sliced baguettes 14.50  **A La Carte**  Creamy grits 2.99  Roasted potatoes 2.99  Fruit cup 2.99  Two eggs 2.50  Andouille sausage, bacon, ham, turkey 3.25  Multigrain/ Texas toast/ Rye 1.99  One pancake 2.25 |  |  | **Lunch** *(Starts at 11:00am)*  *All sandwiches come with side salad*  **Grown Up Grilled Cheese**  Layered slices of gruyere, smoked gouda,  pickled beet and Creole mustard on corn dusted jalapeno toast 10.25 –Add hickory smoked ham  or bacon 1.75  **Turkey Fig**  Turkey, goat cheese, tomato and fig spread on marble rye 10.99  **Thai Shrimp Poboy**  Grilled shrimp, sweet chili sriracha coleslaw, mayo on French bread 12.75  **Veggie Sandwich**  Sautéed mushroom, onion, bell pepper, tomato, spinach, with goat cheese on marble rye 9.99  **Crab Melt**  Brie, homemade crab meat mix on Texas Toast 15.75  **Cajun Sandwich**  Andouille sausage, smoked gouda, Creole mustard, sliced pickles on ciabatta 10.50  **Chicken Panini**  Grilled chicken breast, gruyere, fresh spinach, tomato with pesto on ciabatta 11.25  **Chicken Club Sandwich**  Grilled chicken breast, crispy bacon, smoked gouda, tomato, kale and spicy mayo on corn dusted jalapeno toast 12.99  **Quinoa Salad *GF***  Quinoa, carrot, tomato, kale, mixed greens, Tuscany vinaigrette 7.25  Add chicken 4.50 or shrimp 4.99  **Mixed Greens *GF***  Mixed greens, tomato, boiled egg, chopped bacon, gruyere, chianti basil vinaigrette 7.75  Add chicken 4.50 or shrimp 4.99 |